

# SCHEDULE OF GROWING SKILLS II

## Profile Form

Child's name:(Surname).....  
(Forenames) SAYYAH

Address: .....

Date of Birth: 7/11/02 Age: 60 MTHS

Case/NHS no. ....

Examined by: CAROL BAGNALL

Title: SP HV

On: 26 / 11 / 07  
Day Month Year

At: (name of clinic) LANGLEY CHILDREN'S CENTRE

Signature: .....

I recommend the following action:

- a) To be seen in  months for recall  
 months for next routine examination

b) Referral to:

Age (months)	Skill Areas										Age (months)
	Passive Posture	Active Posture	Locomotor	Manipulative	Visual	Hearing & Language	Speech & Language	Interactive Social	Self-Care Social	Cognitive	
60 mths			20 19	28 27	20	21 20	22	24	23 22	34 33	60 mths
48 mths			18 17	26 25 24	19	19 18	20 19	23	20 19 18	31 30 29 28	48 mths
36 mths			16 15	23 22 21	18 17	17 16	18 17	22 21 20	17 16	27 26 25 24	36 mths
30 mths			14 13	20 19 18	16	15 14	16 15	19 18	15 14	23 22 21 20	30 mths
24 mths			12 11 10	17 16 15	15 14	13 12	14 13 12	17 16	13 12 11	19 18 17 16	24 mths
18 mths			9 8 7	14 13 12	13	11 10	11	15 14	10 9 8	15 14 13 12	18 mths
15 mths			6 5	11 10	12	9	10 9 8	13 12 11	7 6	11 10 9	15 mths
12 mths		12	4 3	9 8	11 10	8 7	7 6	10 9 8	5 4	8 7 6	12 mths
10 mths		11 10	2 1	7	9	6	5	7	3	5 4	10 mths
8 mths		9 8 7		6	8	5	4	6	2	3 2	8 mths
6 mths	9 8 7	6 5 4		5 4	7 6	4 3	3	5 4	1	1	6 mths
3 mths	6 5 4	3		3 2	5 4	2	2	3 2			3 mths
1 mth	3 2 1	2		1	3 2		1	1			1 mth
0 mths		1			1	1					0 mths
Skill areas	Passive Posture	Active Posture	Locomotor	Manipulative	Visual	Hearing & Language	Speech & Language	Interactive Social	Self-Care Social	Cognitive	
*Quality											

\*Use a "Q" to indicate concern over quality of performance

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**Record Form**

Case/NHS No. .... Health visitor CAROL BAGNALL .....

Name (Family name) ..... Date of birth 7 | 11 | 02 .....

(Forenames) SAFIYAH ..... Expected date of birth .....

Address ..... Gender Male  Female  (please circle) .....

..... Ethnic group .....

Name and Address of GP ..... Interpreter  (tick if used) .....

.....

	Assessment One	Assessment Two	Assessment Three	Assessment Four
Date and clinic	26/11/07			
Age	60 MTHS			
Comments	SAMPLE			
Action				
Examiner				

Screening Dates		
<b>PASSIVE POSTURAL SKILLS</b>		
<b>Supine Position</b>		
1. Head in midline	1	
2. Lifts legs into vertical position and grasps foot (foot regard)	2	
<b>Ventral Suspension</b>		
3. Head in line with body, hips semi-extended	1	
4. Head above line of body, hips and shoulders extended	2	
<b>Pull to Sit</b>		
5. Head lag on pulling, when body vertical; head held momentarily erect before falling forwards	1	
6. Little or no head lag	2	
7. Braces shoulders and pulls self up	3	
<b>Sitting Position (supported by adult)</b>		
8. Back curved	1	
9. Back straight	2	
<b>PASSIVE POSTURAL SKILLS SCORE</b>		

Screening Dates		
<b>ACTIVE POSTURAL SKILLS</b>		
<b>Prone Position</b>		
10. Head sideways, resting on cheeks, buttocks high with knees flexed under abdomen, arms close to chest with elbows flexed	1	
11. Lifts head momentarily, buttocks high	2	
12. Holds up head and upper chest on forearms, with buttocks flat	3	
13. Supports weight on flattened palms and extended arms	4	
14. Gets into crawling position	5	
<b>Sitting Position (unsupported)</b>		
15. Sits alone momentarily without support	1	
16. Sits alone for prolonged periods (at least to the count of 10)	2	
17. Gets into sitting position from either prone or supine	3	
<b>Standing</b>		
18. Held standing, bears some weight on feet	1	
19. Held standing, takes full weight on feet	2	
20. Stands holding on	3	
21. Pulls self to stand	4	
<b>ACTIVE POSTURAL SKILLS SCORE</b>		

**KEY**

- Stimulus material needed for this item.
- ⓐ This item contains a cognitive element.
- Ⓚ Use when quality of performance is questioned. Still score item.

Screening Dates		
<b>LOCOMOTOR SKILLS</b>		
<b>Movement and Balance</b>		
22. Rolls and squirms to move about	1	
23. Attempts to crawl, creep or shuffle	2	
24. Walks with hands held, taking full weight on feet	3	
25. Walks around furniture (or pushing wheeled toy)	4	
26. Walks alone, feet wide apart, arms up for balance	5	
27. Walks well, feet only slightly apart, can turn corners and stop suddenly	6	
28. Picks up objects from floor without falling	7	
29. Runs confidently, stopping and starting with care and avoiding obstacles	8	
30. Jumps taking both feet off the ground	9	
31. Walks tiptoe	10	
32. Runs tiptoe	11	
33. Hops on one foot for 3 steps	12	
34. Heel-to-toe walking forwards (for a minimum of 4 steps)	13	
35. Stands on each foot separately for a count of 8 seconds	14	✓
<b>Stairs</b>		
36. Crawls upstairs	1	
37. Walks upstairs with hand held, two feet to a step	2	
38. Walks up and down stairs confidently, two feet to a step	3	
39. Walks alone upstairs (with alternating feet) and downstairs (two feet to a step)	4	
40. Walks alone upstairs and downstairs – one foot per step (adult fashion)	5	✓
41. Runs upstairs	6	
<b>LOCOMOTOR SKILLS SCORE</b>		19

Screening Dates		
<b>MANIPULATIVE SKILLS</b>		
<b>Hand Skills</b>		
42. Hands closed and thumb turned in	1	
43. Hand regard and finger play	2	
44. Clasps hands and presses palms together	3	
45. ■ Palmar grasp	4	
46. ■ Passes toy from one hand to another	5	
47. ■ Holds two cubes – one in each hand, bringing them together	6	
48. ■ Inferior pincer grasp	7	
49. ■ Near pincer grasp	8	
50. ■ Throws toys to the floor deliberately (casting)	9	
51. ■ Turns pages of a book, several at a time	10	
52. ■ Turns pages of a book, one at a time	11	
53. ■ Puts 10 pegs into the cup in 30 seconds	12	
54. ■ Puts 8 pegs into the pegboard in 30 seconds	13	✓

Screening Dates		26	11
<b>MANIPULATIVE SKILLS (CONT)</b>			
<b>Bricks</b>			
55	■ Tower of 2 bricks	1	✓
56	■ Tower of 3 bricks	2	✓
57	■ Tower of 4 to 6 bricks	3	✓
58	■ Tower of 7+ bricks	4	✓
59	■ Imitates bridge	5	✓
60	■ Builds 3 steps with 6 bricks after demonstration	6	✓
<b>Drawing</b>			
61	■ To and fro scribbles	1	
62	■ Circular scribbles	2	
63	■ Imitates vertical and/or horizontal line	3	
64	■ Imitates circle	4	✓
65	■ Imitates cross	5	✓
66	■ Imitates square	6	✓
<b>Draw-a-Person Test</b>			
67	■ Child draws head and one other part	1	✓
68	■ Child draws head, legs and arms (two)	2	✓
69	■ Child draws face, trunk, legs, arms	3	✓
<b>MANIPULATIVE SKILLS SCORE</b>		<b>28</b>	

<b>VISUAL SKILLS</b>			
<b>Visual Function</b>			
70	■ Turns towards diffuse light	1	
71	■ Briefly fixates on pom-pom at 30cm	2	
72	■ Follows dangling object through 90°	3	
73	■ Follows dangling object through 180°	4	
74	■ Converges eyes on approaching object	5	
75	■ Finger points accurately at small object	6	
<b>Visual Comprehension</b>			
76	■ Watches falling toy, but does not look for it on the ground (no object permanence)	1	
77	■ Looks toward the correct place for fallen toy (object permanence)	2	
78	■ Searches for the lost toy	3	
79	■ Watches movements for people at distance or out of window with interest	4	
80	■ Finger points to distant objects	5	
81	■ Shows interest in pictures	6	
82	■ Recognizes details of Picture Book	7	
83	■ Completes shape formboard	8	
84	■ Completes fish formboard	9	
85	■ Recognizes minute details of the picture	10	
86	■ Matches 2 colours	11	
87	■ Matches 4 colours	12	
88	■ Matches all 10 colour cards	13	
89	■ Cooperates with linear chart vision test (6 metres)	14	✓
<b>VISUAL SKILLS SCORE</b>		<b>20</b>	

Screening Dates		26	11
<b>HEARING AND LANGUAGE SKILLS</b>			
<b>Hearing Function</b>			
90	Startled by sudden noise	1	
91	Responds to voice	2	
92	Looks toward sound of parent's voice	3	✓
<b>Comprehension of Language</b>			
93	Turns head towards sound source	1	
94	Is attentive to everyday sounds	2	
95	Understands 'no'/'bye-bye'	3	
96	Recognizes own name	4	
97	Shows understanding of names of familiar objects or people	5	
98	■ Can select 2 out of 4 objects	6	
99	Can point to 2 named body parts (e.g. nose and hands)	7	
100	■ Can point to doll's body parts (e.g. eyes and tummy)	8	
101	■ Follows a two-step command	9	
102	■ Shows understanding of verbs, using action pictures	10	
103	■ Shows understanding of functions of objects, using pictures	11	✓
104	■ Shows understanding of prepositions	12	
105	■ Shows understanding of size adjectives	13	
106	■ Shows understanding of negatives	14	
107	■ Follows a command with two instructions	15	✓
108	Understands complicated questions	16	✓
109	■ Follows a command with three instructions	17	✓
110	■ Understands negatives in complex sentence statements	18	
<b>HEARING AND LANGUAGE SKILLS SCORE</b>		<b>20</b>	

<b>SPEECH AND LANGUAGE SKILLS</b>			
<b>Vocalization</b>			
111	Makes occasional grunting sounds	1	
112	Vocalizes when pleased	2	
113	Laughs, chuckles and squeals in play	3	
114	Babbles continually and tunelessly	4	
115	Imitates adults, playful sounds (coughs, 'brrr', smacks lips)	5	✓
<b>Expressive Language</b>			
116	Uses incessant jargon containing vowels and many consonants	1	
117	Uses one word with meaning	2	
118	Communicates by mixed gesture and vocalization	3	
119	Uses several words with meaning (at least 4)	4	
120	Uses more than 7 words with meaning	5	
121	Attempts to repeat words when used by others	6	

Screening Dates		26/11		
<b>SPEECH AND LANGUAGE SKILLS (CONT)</b>				
122. Puts 2 or more words together to form simple sentences	7			
123. Names familiar objects and pictures	8			
124. Speech usually understood by mother	9			
125. Uses question words (e.g. what, where?) and uses 2 personal pronouns (e.g. me, you)	10			
126. Able to carry on simple conversations and describe events	11			
127. Knows several nursery rhymes or pop songs or commercials	12	✓		
128. Can give fuzzy account of recent events	13	✓		
129. Speech fluent and clear	14	✓		
130. ■ Can produce a sentence of 5 or more words	15	✓		
131. ■ Can describe a sequence of events	16	✓		
132. ■ Can give an explanation of events	17	✓		
<b>SPEECH AND LANGUAGE SKILLS SCORE</b>		<b>22</b>		

Screening Dates		26/11		
<b>INTERACTIVE SOCIAL SKILLS</b>				
<b>Social Behaviour</b>				
133. Smiles	1			
134. Responds to friendly handling	2			
135. Enjoys bathing and caring routines	3			
136. ■ Takes everything to mouth (mouthing)	4			
137. Shows annoyance when frustrated	5			
138. Plays clapping or waves 'bye-bye'	6			
139. Explores objects in immediate surroundings	7			
140. Imitates everyday activities	8			
141. Rebellious behaviour	9			
142. Plays with other children but will not share toys	10			
⑩ Shares toys	11			
⑩ Shows concern for siblings and playmates	12	✓		
145. Actively helps siblings and playmates	13	✓		
146. Chooses best friends	14	✓		
<b>Play</b>				
147. ■ Shakes rattle	1			
148. ■ Finds toy that is partially, but not wholly, hidden	2			
149. ■ Quickly finds hidden toy	3			
⑩ ■ Explores properties and possibilities of toys and other objects with interest	4			
151. Plays contentedly alone or near familiar person	5			
⑩ Plays skillfully	6			
153. ■ Kicks a small ball	7			
154. ■ Throws small ball over-arm	8	✓		
⑩ ■ Takes turns in play	9	✓		
⑩ Engages in cooperative and imaginative play, observing rules	10	✓		
<b>INTERACTIVE SOCIAL SKILLS SCORE</b>		<b>24</b>		

Screening Dates		26/11		
<b>SELF-CARE SOCIAL SKILLS</b>				
<b>Feeding</b>				
157. Puts hand up to bottle when feeding	1			
158. Grabs spoon	2			
159. Holds, bites and chews finger food	3			
160. Drinks from a feeder cup with assistance	4			
161. Holds spoon but does not feed	5			
162. Holds spoon and brings it to mouth but cannot prevent it turning over	6			
163. Holds cup with both hands and drinks without too much spilling	7			
164. Holds spoon and gets food safely to mouth	8			
165. Lifts cup with one hand, drinks and replaces it	9			
166. Eats skilfully with spoon	10			
167. Eats skilfully with fork and spoon	11			
168. Eats with fork and knife or hands/chopsticks (with a little help only)	12			
169. Copes with entire meal unaided	13	✓		
<b>Toileting and Dressing Skills</b>				
170. Indicates wet or soiled pants by crying or wriggling	1			
171. Anticipates toilet needs by restlessness or vocalization	2			
172. Dry during the day	3			
173. Vocalization and/or attends toilet needs in reasonable time	4			
174. Usually dry at nights (understands concept)	5			
175. Washes hands	6			
176. Washes and dries hands, and attempts to brush teeth	7			
177. Washes and dries face and hands completely	8			
178. Dresses and undresses alone, excluding fastenings	9	✓		
179. Dresses and undresses alone, including buttons and fastenings	10			
<b>SELF-CARE SOCIAL SKILLS SCORE</b>		<b>22</b>		

<b>COGNITIVE SKILLS SCORE</b>	<b>34</b>
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**KEY**

- Stimulus material needed for this item.
- ⑩ This item contains a cognitive element.
- Q Use when quality of performance is questioned. Still score item.



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